

Terms and Conditions – My Health Garden

Participation in activities organized by My Health Garden means that you agree to the following Terms and Conditions.

1. Payment

- Subscription fees are invoiced on the first day of the calendar month.
- Single classes, class passes, Personal Training sessions, and workshops/events must be paid in advance to NL17SNSB8846093429 in the name of My Health Garden, stating your full name and product type.

2. Offered products/services

- **Single classes:** valid for 1 month.
- **Class passes:** valid for 3 months.
- **Subscriptions:** continuous for 6 months.
 - If you join during a month, the subscription fee will be calculated proportionally.
 - Unused credits carry over to the following month as long as the subscription is active.
 - **No Show (due to occupying a spot for someone else):**
 - 1st time: warning
 - 2nd time: €5 fine
 - Cancellation of a subscription must be made at least 1 calendar month before the 1st of the month in which the cancellation takes effect, by email or registered letter.
Example: cancellation on August 22 means the subscription ends on October 1.
 - Any unused credits expire automatically, and no refunds are given.
- **Private lessons (Personal Training)**
 - Personal Training sessions are tailor-made: through intake and quotation, a personal plan with a class schedule is created. Any extension requires a new evaluation.
 - Private lessons are scheduled in consultation with the client.
- Purchased products/services are strictly personal and non-transferable.
- Classes can be booked up to 8 hours in advance and up to 12 weeks ahead.
- You are not tied to a specific class or time; you decide how to use your credits (within the product/service validity).
- Once per year, a subscription may be paused during the summer holiday [June – August] for up to 3 weeks.
- In the event of a lockdown, products/services will be offered online where possible.
- In case of pregnancy or serious illness, temporary suspension of membership can be discussed.

- Cancellation of workshops/events/retreats by the participant is not possible; in case of cancellation by My Health Garden, any amount already paid will be refunded.
- My Health Garden reserves the right to cancel a class if the minimum of 2 participants is not reached.
- My Health Garden reserves the right to adjust prices, schedules, and Terms and Conditions; changes will be communicated in time.

3. Own risk and liability

- Participation is entirely at your own risk.
- My Health Garden cannot be held liable for injury or damage during classes, events, workshops, and/or retreats.
- My Health Garden is not responsible for loss, damage, or theft of personal belongings.
- Inform the teacher in advance of any health issues or pregnancy.
- Always consult a doctor if in doubt about your health.

4. House rules

- Park your vehicle (bike, car) without disturbing others.
- No noise nuisance upon arrival/departure.
- Preferably avoid heavy meals 2 hours before class.
- Do not wear jewelry during classes.
- Wear clean, comfortable clothing.
- Follow the walking route.
- No mobile phones/shoes/bags etc. in the studio; leave them in the changing room.
- Maintain silence before and after classes.
- Please clean and tidy up used equipment after class.

5. Privacy

- My Health Garden handles personal data carefully and confidentially.